



### Talking to your doctor.

The information contained on [zostavax.com](http://zostavax.com) can answer many of your questions, but you may have more questions that only your doctor or health care provider can answer.

### Here are some questions to help you start the conversation.

You can print out this page and use the space provided to write in any other questions you may have. Then you can bring this with you to your next doctor's appointment so you can learn more about your risk and what you can do to protect yourself.

1. What increases my risk for Shingles?
2. I've heard that Shingles can be a painful, blistering rash — are there other symptoms or complications?
3. How could the complications from Shingles affect me?
4. How can ZOSTAVAX, the Shingles vaccine, help protect me?

### Your questions:

### ZOSTAVAX is a vaccine that can help prevent Shingles in adults 50 years of age or older.

ZOSTAVAX is given as single shot. ZOSTAVAX cannot be used to treat Shingles, or the nerve pain that may follow Shingles, once you have it. Talk to your health care professional to see if ZOSTAVAX is right for you.

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### Important Safety Information

- ZOSTAVAX may not protect everyone who gets the vaccine.
- You should not get ZOSTAVAX if you are allergic to any of its ingredients, including gelatin or neomycin, have a weakened immune system, take high doses of steroids, or are pregnant or plan to become pregnant.
- ZOSTAVAX should not be given at the same time as PNEUMOVAX<sup>®</sup>23 (Pneumococcal Vaccine Polyvalent).
- Possible side effects include redness, pain, itching, swelling, warmth, or bruising at the injection site, as well as headache.
- ZOSTAVAX contains a weakened chickenpox virus. Tell your health care provider if you will be in close contact with newborn infants, someone who may be pregnant and has not had chickenpox or been vaccinated against chickenpox, or someone who has problems with their immune system. Your health care provider can tell you what situations you may need to avoid.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please read the [Patient Product Information](#) or [Prescribing Information](#) and discuss it with your doctor or health care provider.

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