



InterStim® Therapy for Bladder Control

How Much Are Bladder Control Issues Affecting Your Life?

To rate your bladder control symptoms, print this page (<http://www.everyday-freedom.com/women/consider/rate-symptoms/index.htm>) and circle the number for each question that is closest to what you have recently experienced. When you have finished the survey, add up the points to find out your score. The possible total ranges from 0 to 32 points, with higher scores indicating more severe symptoms. Bring this symptom score to your next doctor visit.

	Not at all	Occasionally	Several times per month	Several times per week	Every day
1. Have you ever felt like you can't control your bladder like you used to?	0	1	2	3	4
2. Do you wake up at night having to use the bathroom?	0	1	2	3	4
3. Do you sometimes have to push or strain to urinate?	0	1	2	3	4
4. Do you feel like you have to urinate all the time or urinate more than 7 times each day?	0	1	2	3	4
5. Do you find yourself staying near bathrooms or wearing absorbent undergarments because you sometimes leak urine?	0	1	2	3	4
6. Are there activities you no longer enjoy because of bladder control issues?	0	1	2	3	4
7. Do you turn down invitations from friends or family because you're afraid you'll experience incontinence?	0	1	2	3	4
8. Do bladder control issues occupy your thoughts?	0	1	2	3	4

Total

Last updated: 27 May 2011

Important Safety Information (<http://www.everyday-freedom.com/women/safety/index.htm>)

Find a InterStim Therapy Doctor

Find a Specialist

Find a doctor who specializes in InterStim Therapy to learn whether it's right for you.

1. Your ZIP Code

Submit

Make the Most of Your Next Doctor Visit

Get prepared! [Track your symptoms \(http://www.everyday-freedom.com/women/consider/symptom-tracker/index.htm\)](http://www.everyday-freedom.com/women/consider/symptom-tracker/index.htm) and [get your bother score \(http://www.everyday-freedom.com/women/consider/bother-score/index.htm\)](http://www.everyday-freedom.com/women/consider/bother-score/index.htm).

Find Out What Patients Say



Beckie H.

Urinary retention

"It took a long time for someone to actually realize that I really wasn't crazy. My internist kept saying we would get to the bottom of this. He finally referred me to a urologist, who figured out what was going on."

[Read her story \(http://www.everyday-freedom.com/women/patients/hope-stories/beckie/index.htm\)](http://www.everyday-freedom.com/women/patients/hope-stories/beckie/index.htm)

Find a Specialist

Find a doctor in your area who offers InterStim Therapy.

1. Your ZIP Code

Submit

Information on this site should not be used as a substitute for talking with your doctor. Always talk with your doctor about diagnosis and treatment information.

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